

living treasure

Laura Huxley

"A succession of explorations and discoveries—that is what my life has been," says Laura

Huxley. Huxley has indeed undergone a series of discoveries throughout the course of her life. She began as a teenage concert violinist, then went on to produce documentary films and study health, nutrition, and psychology.

In 1956 she married writer and philosopher Aldous Huxley. After his death in 1963, Laura wrote *This Timeless Moment*, a book describing her life with her husband.

She wrote several other books, including the 1963 self-help book *You Are Not the Target*, and *The Child of Your Dreams*, which she coauthored with Piero Ferrucci.

At age 92, Huxley continues her work with Children: Our Ultimate Investment, a non-profit organization she founded in 1977. Through the organization's successful Teens & Toddlers program, which Huxley devised, adolescents learn about and care for toddlers in a daycare center.

"Give teenagers at risk a chance to get out of school for two afternoons a week to play with toddlers, and they jump at it!" says Huxley. After 15 weeks of the program, the teens discover that caring for children is hard work, and many decide they are not ready to have them.

The Teens & Toddlers program operates in two Los Angeles schools and in several boroughs in London.

Huxley has received widespread recognition for her humanistic achievements. She has been named an honoree of the United Nations, a fellow of the International Academy of Medical Preventics, and an honoree of the World Health Foundation for Development and Peace, from which she received the Peace Prize in 1990. In December 2003, she received the Thomas R. Verny Award from the Association of Prenatal and Perinatal Psychology and Health.

Huxley has one adopted child, Karen, and one granddaughter, Kaya.



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